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Rules for Counting 6 Years of H-1B

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Submitted by Chief Editor on Jun 27th 2017

ANSWER:

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Video Transcript

Any time that you spend on H-1 and L-1 will be counted together. So if you spend two years on L-1B or L-1A you've got four years left on H-1. The second rule is if you go outside the USA for one year the entire period is reset so you could have six years of H-1 back. If you were here on L-1A for seven years, then you went back to your home country stayed there for one year, did not come to the USA and even if you did come for a brief visit and then you have to be out those extra days you came, for example: if you came for 10 days you have to be out for ten days for the clock to be reset. You got your six years of H-1 reset. One thing L-1 is counted towards your H-1 and second thing, if you are outside for one year the period is reset. The next thing you need to know is every day you are outside the USA on H-1 you can recapture every day that you are outside. If you are outside the USA more than six months you get the entire year back [More](#) ^[2]

Note: This is a verbatim transcript of the referenced audio/video media delivered as oral communication, and, therefore, may not conform to written grammatical or syntactical form.

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[H-1 Visa](#) ^[6]

[L-1 Visa](#) ^[3]

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[General Nonimmigrant Visa](#) ^[7]

FAQ Transcript:

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Unless the context shows otherwise, all answers here were provided by Rajiv [8] and were compiled and reported by our editorial team from comments and blog on immigration.com [9]

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